



Mt. Everest

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Dear Sir / Madam

It is with great humility, I wish to say that with the blessing of Almighty it has become possible for me to achieve the unique distinction of being “the first & only woman in the world to scale Mt. Everest, the highest peak in the world, twice”. I have also successfully led the Mt. Everest Expedition via Kangshung Face in 1999 and East Ridge of Mt. Everest in 2001. And I have led and scaled lots of different mountains in different continents of the world. Government of India awarded me with ‘**Padmashree**’ in 2000 ‘**National Adventure Award / Arjuna Award**’ in 1994, **Rajiv Gandhi Sports Award** by the Government of Delhi in 2004 and many other national & international awards & recognitions. My Detail Resume is separately attached with this mail.

Sir, I have been visiting & delivering lectures on ‘**Leadership**’, ‘**Motivation**’ and ‘**Risk Management**’ in Government Institutions, Educational Institutions, Universities, Colleges, Schools, MNC’s and other Companies & distinguished gatherings in India & abroad with a view to motivating youth and promoting education and adventure sports in national interest, **free of cost**. I am devoting my services in enthusing women, especially girls, to enable them to assert their individuality and rightful place in Indian society. This way I am trying to repay my debt to my country.

Sir, it is my humble submission that after visiting so many schools, colleges, business institutions, management colleges, MNCs, and premier government institutions & training centers in our country, I felt that particularly young men and women need to be developed for leadership & team building skills, so they can shape up their future in better way in the challenging environment and will able to perform better with their fellow colleagues, students & teachers and they can contribute their positive energy & thinking, in Nation Building. During my visit in several organizations and after exchanging words & views with women & men working there, I felt that they have all guts but they do not know the ways to overcome the problems, due to lack of knowledge & proper training. So I decided to start the course curriculum, which will EMPOWER them with knowledge & training. The curriculum of our out bound program is detailed in the annexure which covers adventure, trekking, team building, motivation besides yogic exercise and personality development, these are very useful and tested tools for the objective set for the any program.

After my experiences in leadership & climbing mountains in all the continents of the world and experiencing men management as a Police Officer, has imbued in me a great sense of discipline

and I firmly believe modern youths and working people need to go to mountains, near nature to revitalize themselves, in the present competitive environment. Going near nature would go a long way in enhancing the capabilities of these young women & men, and will be adding to the robustness of their organizations. I have specially design this **Gangotri & Dharali Festival** for the people from all walks of life so they can enjoy the nature near Gangotri and Dharali.

To conduct this capsule or course we have enlisted the services of some of The Best Field Instructors with vast practical experience of training in adventure, rescue and risk management.

We have also support of A Distinguished Faculty of Experts of Stature and Experience, who are also advisers of our Everest Foundation.

- ✓ **His Excellency Shri. N N Vohra, IAS (Retd.), Governor of Jammu & Kashmir is a Patron of Everest Foundation.**
- ✓ **Shri. DVLN Ramakrishna Rao IPS (Retd) former DG ITBP & President, Indian Mountaineering Foundation**
- ✓ **Shri. DK Arya IPS (Retd) formerly DG BSF, ITBP, NSG, SPG and Advisor to Governor Uttar Pradesh**
- ✓ **Wing Cdr (Retd) P Bakshi, Former Fighter Pilot, Aircraft Accident Investigator and TV Commentator**
- ✓ **Dr. Anand Kumar, former Director (R & D) (Retd), Indian Oil Corporation Ltd**
- ✓ **Dr. J S Yadav, Former Founder Director & Chief Executive Officer, Haryana Institute of Rural Development, Former Director, National Institute of Agricultural Marketing (NIAM), Govt. of India, Jaipur. He was Project Economist & 'Course Director' of Mewat Development Agency (Govt. of Haryana) Gurgaon. He is honoured with Kautilya Award by Planning Commission, Govt. of India.**

### **Our Credentials:**

Mt. Everest Foundation have been regularly conducting the courses for Government of Delhi's school children, so far lot many students have been benefitted from this program and is in great demand. The Hon'ble Chief Minister of NCT of Delhi Smt. Sheila Dixit had 'Flagged Off' the Adventure & Leadership Course for Delhi Govt. School on 22nd of May 2010.

The Ministry of Tourism, Govt. of India has also started imparting this training for students of all the Institutes of Hotel Management in India through our Foundation since 2010.

The Hon'ble Minister of HRD, Government of India has also accepted our proposal and agreed to send the students from Kendriya Vidyalaya Sangathan (KVS) and Navodaya Vidyalaya Samiti (NVS) from March 2010 onwards.

We are also partnering this program with Ministry of HRD, Govt. of India, and the Navodaya Vidyalaya Samiti (NVS) has been sending their school students for the course since 2010

We are also partnering with Bihar and other State Governments for Skill Development Training to the staff and community at large.

Lots of State Governments have shown keen interest to send their school students from their respective states for the course.

We have also conducted the “Adventure, Leadership and Team Building” program for **NTPC** officials and the feedback is very encouraging. I am regular guest speaker for many Corporate Management Program including Young Mangers, GMP of BHEL and other PSUs & Multinational Companies.

Sir, I look forward for your positive response for this important program. We, from Mt. Everest Foundation, are open to any suggestions or clarifications.

With profound regards.

Yours' faithfully,



**Santosh Yadav**

Chairperson-Mt. Everest Foundation®

## The Gangotri Dharali Cultural Festival



The **GANGOTRI AND DHARALI CULTURAL & HEALTH FESTIVAL** will be organized at Gangotri & Dharali in the Himalaya of Uttarakhand State of India in the evening of 22<sup>nd</sup> & 23rd October 2018 on the occasion of **SHARAD PURNIMA or FULL MOON DAY**.

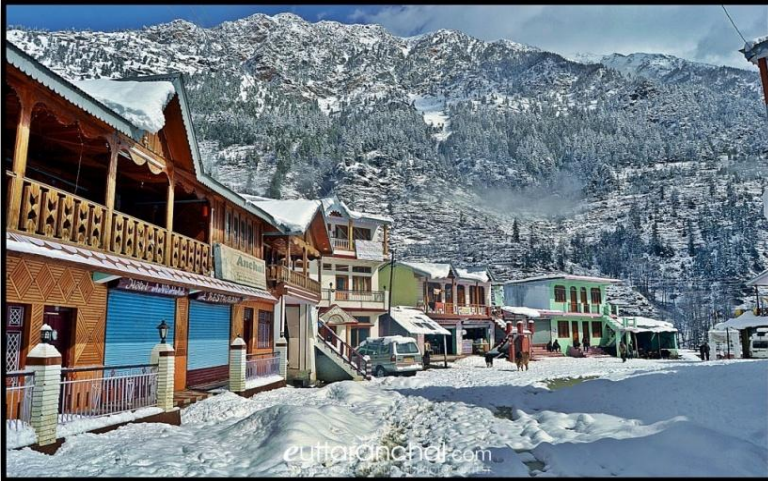
### Aim & Objective:

The main objective of this event is to spread awareness among people, ways of preserving Culture and Heritage of Himalaya. It will also help in the social upliftment of local people and their life, also to spread awareness about the increasing level of water pollution in the river Ganges and other major rivers of our country and about its' adverse impacts on our health system.

**Gangotri** is a Hindu pilgrim town on the banks of the river Bhagirathi and origin of River Ganges. It is on the Greater Himalayan Range, at a height of 3,100 meters (10,200 ft). According to popular Hindu legend, it was here that Goddess Ganga descended when Lord Shiva released the mighty river from the locks of his hair. The origin of the holy river is at Gomukh or Gaumukh, set in the Gangotri Glacier, and is a 19 km trek from Gangotri.

Gangotri, the origin of the River Ganges and seat of the goddess Ganga, is one of the four sites in the Chota Char Dham pilgrimage circuit. The river is called Bhagirathi at the source and acquires the name *Ganga* (the Ganges) from Devprayag onwards where it meets the Alaknanda.

Gangotri or Gangotri Temple is well known place for Hindus. It very popular among mountains lovers or trekkers in India and abroad. This Holy Place is being visited by thousands & thousands of people, every year during summer season from every states of our country and people from other countries too.



Dharali is a small village, just 20 kilometers before Gangotri. It is a place associated with Adi Kailash, has a beautiful and very old temple of Adi Kailash, where Shiva Lingam is always submerged in water of Ganga River. Dharali is a last market place before Gangotri, have several small but good hotels, where lots of people and trekkers love to stay at night,

before or after visiting Gangotri or trekking to Gomukh or Tapovan and other trekking destinations. It is very clean and peaceful place to spend some time at this village.

**Mt. Everest Foundation**, with association with **Pushaa Power Pvt. Ltd.**, is organizing the Gangotri & Dharali Cultural Event in Himalaya to spread awareness among people of India and other countries.

You can very well imagine, in Full Moon night, surrounded by snow cladded mighty Himalaya, India's famous traditional dancers will be performing Indian traditional classical dances in front of the Gangotri Temple and Adi Kailash Temple, on the tune of the **Namamy Ganga Group** and other Vedic prayers in the praise of Maa Ganga and Shiva.

This event will be under the influence of spirituality and awakening knowledge of health. Since morning meditation, short trekking and lecture on health and healthy life style will go on as per schedule. Traditional Classical dances i.e. Kuchipudi, Bharatnatyam, Odissi etc will be performed by young artists. All these dances will be performed by the disciples of **Guru Saroja Badiyanathan**, who has been awarded **Padma Bhushan** by government of India.

## **Itinerary:**

**The event duration will for Three Nights & Four Days.**

It is Dharali – Gangotri – Dharali. We will make foods & staying arrangements in Dharali and Gangotri for all participants. **Travel arrangements will NOT BE the responsibility of event organizers.** We suggest that participants should travel by public transport to avoid traffic congestion at the venue. Route is from Rishikesh or Dehradun via Uttarkashi to Dharali and Gangotri.

Mt. Everest Foundation and its associates, will be arranging FULL boarding and lodging for all the registered participants. Participants will be getting ONLY vegetarian foods. Staying arrangement will be made on sharing basis in available hotels rooms in Gangotri & Dharali. **No single room will be provided to any participant.**

Women participants will be provided one Sari, two tops and two petticoats. Two pairs of Kurta Payzama for men, and one Gamcha (thin towel) during the event. Two bed sheets will also be given to all participants.

**Participants will have to bring their own woolen garments.**

All participants will be given a Special Brass Pot to carry Ganga Jal from Gangotri.

**4<sup>th</sup> Day after breakfast, the festival will be completed, all participants are free.**

**Fees for participating in the event will be Rs. 18,000/- @ per participant.**

(The cost includes ONLY: Food, stay, a sari, two kurta payzama, bedsits & pot for Ganga Jal.)

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